

## OFF CAMPUS FURNISHED HOUSING, MOVING & STORAGE RESOURCES

### BUDGET HOTEL AND ALTERNATIVES

Company	Contact Address	Telephone/Email	Charges	Comments
Mount Sinai Health System Recreation Office Resources	19 E. 98 <sup>th</sup> St., 2F, NY, NY 10029 <a href="https://recreation.mountsinai.org/">https://recreation.mountsinai.org/</a>	212-241-6660 See office hours on website		For NYC Hotels that offer discount to MSHS employees, follow path for Discounts then NYC Hotels
Pod Hotel	230 East 51 <sup>st</sup> Street <a href="http://www.thepodhotel.com">www.thepodhotel.com</a>	212-355-0300 Email: <a href="mailto:info@podhotel39.com">info@podhotel39.com</a> <a href="mailto:info@podhotel42.com">info@podhotel42.com</a>	Price vary based on availability	Bunk-bed room with shared or private bathroom
The Macaw Guest House	106 East 101 <sup>st</sup> Street New York, NY 10029 <a href="http://www.themacawquesthouse.com">www.themacawquesthouse.com</a>	212-348-4643 Email: <a href="mailto:info@macawquesthouse.com">info@macawquesthouse.com</a>	Price varies on size of room and length of stay.	Townhouse with multiple guest rooms, some with shared bathrooms.
The Frederick Hotel	95 West Broadway at Chambers St., NY, NY <a href="http://www.Frederickhotelnyc.com">www.Frederickhotelnyc.com</a>	212-566-1900 Email: <a href="mailto:Frederickres@Triumphhotels.com">Frederickres@Triumphhotels.com</a>	Price vary based on availability	Rooms are equipped with a desk, free wireless internet access, flat screen TV's.
Chelsea International Hostel	251 W. 20 <sup>th</sup> Street New York, NY 10011 <a href="http://www.chelseahostel.com">www.chelseahostel.com</a>	212-647-0010	Vary with the season	Offer shared or private rooms. Offer complimentary breakfast and free wi-fi.
City Connections	71 W. 23 <sup>rd</sup> Street, NY, NY10010 <a href="http://www.ccrny.com">www.ccrny.com</a>	212-627-7800	Varies	Specialize in short-term (14 days-1 year) furnished apartments in Manhattan
Exec Relo USA	120 E. 56 <sup>th</sup> St, suite 740, NY, NY 10022 <a href="http://www.4relocate.com">www.4relocate.com</a>	Hal Falkstein 1-877-4RELOCATE 212-752-0935 Email: <a href="mailto:Hal@relocate.com">Hal@relocate.com</a>	No fee	Specialize in rental of short term (30 days-1 year) furnished apartments local and nationwide.
Airbnb	<a href="http://www.airbnb.com">www.airbnb.com</a>		Varies	A community marketplace to book unique accommodations; to stay in a "host's" home for a fee.
Hostel World	<a href="http://www.Hostelworld.com">www.Hostelworld.com</a>			Hostel booking website with a travel social network for the budget; independent and youth travel market.
Alternative Business Accommodations	1650 Broadway, Suite 501, NY, NY 10019 <a href="http://www.tempapts.com">www.tempapts.com</a>	212-445-0494 Email: <a href="mailto:info@tempapts.com">info@tempapts.com</a>	No fee	Provide furnished short term apartments throughout the boroughs of NYC.

### WEBSITES

Company	Contact Address	Telephone/Email	Charges	Comments
Weichert Corporate Housing	<a href="http://www.weichertcorporatehousing.com">www.weichertcorporatehousing.com</a> <a href="http://www.Sublet.com">www.Sublet.com</a> <a href="http://www.Couchsurfing.com">www.Couchsurfing.com</a>	866-924-3345 Email: <a href="mailto:info@weichertch.com">info@weichertch.com</a> 201-845-7300	No fee	Provide furnished short term apartments throughout the nation. 30 days minimum stay. Some shorter stays are available.
				Apartments for rent as well as sublet.
				A social travel network offering members a home-stay experience at minimal cost.

### MOVING & STORAGE

Company	Contact Address	Telephone/Email	Charges	Comments
FlatRate Moving	555 W. 25 <sup>th</sup> St., NY, NY 10001 <a href="http://www.flatrate.com">www.flatrate.com</a>	212-988-9292 Email: <a href="mailto:Bizdev@Flatrate.com">Bizdev@Flatrate.com</a>	Preferred rates with Mount Sinai Health System ID.	A full service moving company
Liffey Van Lines	234 E. 121 St., NY, NY 10035	212-410-3500 Kieran McAndrews / Robert O'Donnell e-mail: <a href="mailto:Kieran@liffeyvan.com">Kieran@liffeyvan.com</a> <a href="http://www.liffeyvanlines.com">www.liffeyvanlines.com</a>	10% discount for Mount Sinai Health System Employees	A full service moving and storage company serving greater NY and Westchester County
Moves, LLC	628 W. 28 <sup>th</sup> St., suite 101 New York, NY 10001 <a href="http://www.movesllc.com">www.movesllc.com</a>	888-668-3755 212-695-0200 917-499-3356	Varies	
Veteran Movers NYC	187 4 <sup>th</sup> Avenue, Suite 6 Brooklyn, NY 11217 <a href="http://veteranmoversnyc.com">http://veteranmoversnyc.com</a>	718-383-8400 Email: <a href="mailto:veteranmoversnyc@gmail.com">veteranmoversnyc@gmail.com</a>	Offer hourly or fixed price plan	Flexible service plan ranging from manpower alone, to a team and truck.
Manhattan Mini Storage	Various locations <a href="http://www.Manhattanministorage.com">www.Manhattanministorage.com</a>	888-764-3290 800-786-7243 800-STORAGE	Varies by size and location	

1-800-Got Junk?	<a href="http://www.1800gotjunk.com">www.1800gotjunk.com</a>	800-468-5865	Varies	Pick up all kinds of junk in New York City
<b><u>Disclaimer:</u></b>	<b>The companies listed above are not affiliated with the Hospital in any way. This list is for informational purposes only. The Hospital makes no representation as to the accuracy of the information provided by these companies.</b>			